

THE NORDIC COOKBOOK

by Magnus Nilsson

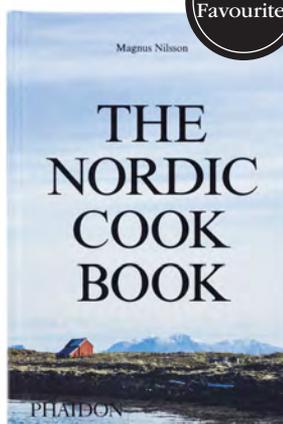
Phaidon, \$60, 768 pages, hard cover

IF you want the definitive book on Scandinavian cuisine, *The Nordic Cookbook* is it. Renowned Swedish chef Magnus Nilsson has created a jaw-dropping (and mouth-watering) resource with over 700 recipes from Denmark, the Faroe Islands, Finland, Greenland, Iceland and Norway. Nilsson spent two years researching and creating this beautiful, comprehensive opus—and he photographed the people and landscapes he encountered along the way. His gorgeous

images and texts (along with Erik Olsson's excellent food photography) make *The Nordic Cookbook* delightful to read and use.

And since it is a cookbook after all, I tested out the recipe for *potetlelse*, one of my favourite snacks during my years living in Norway. Similar to a crêpe or tortilla, this flat bread is made from potatoes and flour. I was sure it couldn't possibly turn out to be quite as tasty as what I remembered eating in

Norway, but my first bite into the resulting *potetlelse*—eaten warm with butter and sugar, folded not rolled—was a delicious Proustian experience. I made two batches within three days, and I'm already eager to make more. But how am I ever going to make it through even a portion of the other 699 recipes if I can't stop myself from making *potetlelse*?!



Jenny's Favourite!



© JENNY MONTGOMERY

RICOH IMAGING TAKES ON THE GREAT OUTDOORS

RICOH IMAGING'S new Pentax K-70 is a weather-resistant advanced DSLR that's up for the challenge of outdoor adventures. It's compact, dustproof, and good in lowlight conditions. Designed to be easy to operate—even when wearing gloves in temperatures as low as 14 °F (-10 °C)—it includes a variable-tilt LCD monitor and built-in Wi-Fi. It even has advanced features like the Pixel Shift Resolution System, an AA Filter Simulator to eliminate moiré, in-body shake-reduction, a PRIME MII image processor, continuous autofocus for HD video recording, and ISO up to 102,400.



Ricoh has also introduced the HD Pentax-DA 55-300 mm f/4.5-6.3 ED PLM WR RE lens, designed for its K-mount DSLRs. This weather-resistant 5.5x telephoto zoom has a minimum focusing distance of 0.95 m (37.4 in.). Fully retractable, it weighs 442 g (less than 1 lb.). When mounted on a Pentax APS-C DSLR, it has effective focal lengths between 84.5 mm (3.3 in.) and 460 mm (18.1 in.).



K-70 \$749.99 (list); HD Pentax-DA 55-300 mm f/4.5-6.3 ED PLM WR RE lens \$549.99 (list)

ricoh-imaging.ca

NORDIC

A PHOTOGRAPHIC ESSAY OF LANDSCAPES, FOOD AND PEOPLE

by Magnus Nilsson

Phaidon, \$35, 128 pages, hard cover

A COMPANION book to *The Nordic Cookbook*, *Nordic* is a collection of Magnus Nilsson's images, stories and reflections on the food culture of Scandinavia. It's a bit like a behind-the-scenes glimpse into his experience researching and creating the cookbook. There's even a fun explanation of how to toast (*skoal*) like a Swede—and this will probably come in handy because after reading these books, you'll be searching for a plane ticket to Scandinavia!

